Sample Timeline: Two Day

Day One

TIME	MINUTES	ACTIVITY
9:00	*10*	**Welcome and context from team leader.**
9:10	*20*	**Opening ice-breaker and introductions.**
9:30	*10*	**Context and overview of the day.**
9:40	*30*	**Agreements** in order to have an effective conversation today.
10:10	*30*	**Best Team You've Been On.**
10:40	*15*	*BREAK*
10:55	*15*	**Team Diagnostic™ Model.** Overview of Productivity and Positivity.
11:10	*20*	**Quad Exercise.** Include debrief.
11:30	*20*	*Your Team Results:* Layer 1 — Quad.
11:50	*10*	**Debrief morning.**
12:00	*75*	**LUNCH & 15 minutes for one-on-one conversation (Lunch Exercise)**
1:15	*45*	Team members introduce their lunch partner (Lunch Exercise).
2:00	*40*	*Your Team Results:* Layer 2 — Polar and Bar Charts.
2:40	*40*	*Your Team Results:* Layer 3 — Top 5 Bottom 5.
3:20	*15*	*BREAK*
3:35	*25*	**Productivity Game.**
4:00	*45*	**Team Purpose Exercise.**
4:45	*15*	**Closing for the Day.**
5:00	*—*	*CLOSE*

Day Two

TIME	MINUTES	ACTIVITY
9:00	*30*	***Check In.*** Learning from Day 1. What will make today a success? ***Review Agreements.*** Context for the day ending with action planning.
9:30	*30*	**Diminishing Resources.** Activity.
10:00	*30*	**Least Agreement / Most Agreement.**
10:30	*15*	*BREAK*
10:45	*30*	**Open-Ended Questions.** Divide into small groups to read, reflect and discuss in small group.
11:15	*30*	**Team Discussion.** Responses to responses to open-ended questions.
11:45	*30*	**Capture the Learning.** • Small group discussion. • Review of all graphic layers and team conversation. • Challenges on flip chart with report from each small group.
12:15	*60*	*LUNCH*
1:15	*20*	**Tent Pole Exercise.**
1:35	*25*	**Team Toxins.** Overview and an exercise – introduce team contract.
2:00	*60*	**Action Planning.** Action Steps and Outcomes. Accountability.
3:00	*15*	*BREAK*
3:15	*30*	**Positivity Wheel.**
3:45	*30*	**Team Acknowledgment.**
4:15	*15*	**Closing for the Day.**
4:30	*—*	*CLOSE*